

# How to Stop Thinking About Creating Your Own Course and Actually Make It Happen!



By Christie Miller

# Welcome to the 5-Day Build Your Online Course Challenge!



Hi, I'm Christie Miller and I'm super excited you're joining me for what will certainly be a **fun-filled and informative time together!**

If you're like most of the health coaches and fitness professionals I know, you're tired of trading dollars for hours in private sessions and are maybe a little bit envious of those coaches who are working less, making more, and having a much greater impact on the health of the world.

**That's exactly why I created this 5-day challenge to get you started on course creation!**

But before that gremlin in your head tells you it's too late to create your course, or the market is over-saturated, let's quiet that voice with some facts from market research firm Global Market Insights:

**ONLINE COURSES ARE GROWING TO  
1 TRILLION BY 2028!**  
**THAT'S A 25% GROWTH RATE  
EVERY SINGLE YEAR!**

There's room for you and it's your time ... so let's do this!

Hugs,

*Christie*

# Here's HOW the challenge will work...

## Let me guess...

You're here because you've got an idea – maybe it's for a workshop, a mini-course, or the signature course you've been dreaming about. **Dreams are great, but let's turn yours into reality!**

As a course creating machine with over 30 successful courses to my name, I'm thrilled to guide you on your course creation journey this week.

If you're the independent, go-getter type who likes to go at it alone, then this challenge will be the jumpstart you need.

And if you want to speed up the process with a mentor who's been there, done that, you're in luck! You'll have the opportunity to access our signature [Courses Made Easy](#) course for free inside our exclusive [Game Changers Membership](#) next week.

But let's not get ahead of ourselves.

**Right now, our focus is on the present – on our time together in this challenge.** Think of it as laying the groundwork for your successful course.

So let's start this adventure with enthusiasm and see where it takes us!

I hope you're hungry because  
I'm serving some tasty  
challenge bites this week.



## CHALLENGE BITES

Serving Size: 5 days    Servings Per Container: Unlimited

AMOUNT PER SERVING	% DAILY VALUE
Your Health, Wealth & Happiness	100%

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Staying Stuck on the 1:1 Hamster Wheel	0%
Maximizing Your Impact Online	100%

**COOKED UP BY** [CHRISTIE MILLER](#)

[www.BuildYourCourseChallenge.com](http://www.BuildYourCourseChallenge.com)

# Challenge Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
Build Your Online Course Challenge						
4	FEB 5 10 am FB Live Training	FEB 6 10 am FB Live Training 1 pm VIP Zoom Coaching	FEB 7 10 am FB Live Training	FEB 8 10 am FB Live Training 1 pm VIP Zoom Coaching	FEB 9 10 am Zoom Masterclass	FEB 10 9 am Zoom Masterclass
Build Your Online Course Challenge						
11	FEB 12 1 pm Zoom Masterclass	FEB 13 10 am FB Live Bonus Training 1 pm VIP Zoom Coaching	FEB 14 1 pm FB Live Bonus Training	FEB 15 10 am FB Live Grand Prize Drawing 11:30 am VIP Zoom Coaching 11:59 pm Replays Expire		
All Times Noted are Pacific Time						

Do you see those events marked in red? These are our **VIP Exclusive Events**, specially designed to supercharge your course creation journey!

But here's the catch – they're only available to our VIP members. Want in? Click the link below to upgrade and unlock over \$3,000 of VIP bonuses.

**UPGRADE TO VIP NOW**

# Challenger's Roadmap

Every day of this challenge is a step forward in your course creation journey. To keep you informed and excited, here's a snapshot of what we'll cover each day:

Start

Day 1

## Give Yourself *a Raise*

after you uncover the money you're losing by not creating a course.



Day 2

## Grab Your *Best Stuff*

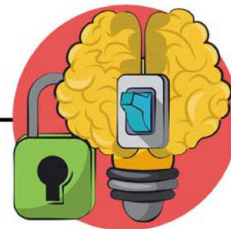
so that your course delivers fantastic results and your clients become raving fans who send you even more people.



Day 3

## Unlock Your *Secret Sauce*

so you avoid wasting time building a course nobody wants to buy.



Day 4

## Pick a Name *That Sells*

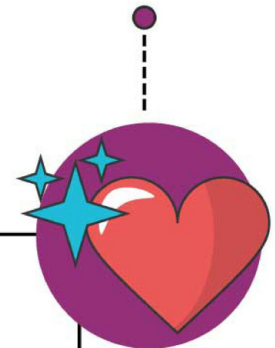
by being crystal clear about what you deliver and not getting infected by "clever-itis".



Day 5

## Grant Yourself *Permission*

to launch your course even if you don't feel completely ready.



Continue





This challenge will change your business when you fully participate in each day's activity.

**Jhonnatan**  
*Played to Win*  
and pre-sold his first client  
before he created his course!



Jhonnatan Ramirez



Like · 45w



Christie Miller  
YEAH BUDDY!

Like · 44w



Jhonnatan Ramirez  
February 13 · 🌐

I now have a 100% commitment to delivering my course! I pre-sold my first client, and she invested in full.

Amount Received	\$397.00
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PURCHASE DETAILS

Escape The Diet Trap Formula	\$397.00
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25

17 Comments Seen by 38

**Mahina** loved the  
*"way over the top"*  
challenge that gave her the  
kick in the pants she needed!



Mahina Tarayao Mason

I attended every single live session (a first for me) and it was the kick in the pants that I needed to get back on it! Thank you **Christie** and **Jayne** for all the effort and fun you put into this "way over the top" 5-day challenge! Seriously, you over delivered, again! 🥰🥰👏👏

Like · 45w



2

**Tara** *Got the Fuel* she needed!



Tara Litz Birely

**Christie Miller** Nailing down my UPS! While it seems fun to be a "jack of all trades" and help everyone, I would rather be a "master of one".

Clarifying my niche is exactly the fuel I needed.

Forever grateful! 🙏

Like · 45w



2

# Challenger's Scorecard

Keep the game fun and focused with our Challenger's Scorecard! It's not just about tracking your progress, it's about playing to win. The more you participate, the better your chances to win over \$2,000 in prizes when you submit your scorecard.

Give Yourself  
*a Raise*

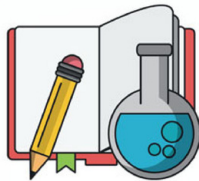


DAY 1

- ☐ Watch and comment on the FB Live training
- ☐ Complete today's action guide and comment on the daily graphic
- ☐ Engage in the Facebook group

DAY 2

Grab Your  
*Best Stuff*



- ☐ Watch and comment on the FB Live training
- ☐ Complete today's action guide and comment on the daily graphic
- ☐ Engage in the Facebook group

Unlock Your  
*Secret Sauce*



DAY 3

- ☐ Watch and comment on the FB Live training
- ☐ Complete today's action guide and comment on the daily graphic
- ☐ Engage in the Facebook group

DAY 4

Pick a Name  
*That Sells*



- ☐ Watch and comment on the FB Live training
- ☐ Complete today's action guide and comment on the daily graphic
- ☐ Engage in the Facebook group

Grant Yourself  
*Permission*



DAY 5

- ☐ Attend one of the Masterclasses
- ☐ Complete today's action guide and comment on the daily graphic
- ☐ Engage in the Facebook group
- ☐ Submit your scorecard

»»» [CLICK HERE to Register for the Launch Your Course Masterclass](#) »»»