



Online courses are the ticket to your freedom. And that's no exaggeration my friend!

Offering an online course enables you to get off the private client hamster wheel, helps you escape the time-for-money trap, and gives you the freedom to only say yes to clients who are the perfect fit.

As you'll discover with the calculator below, courses enable you to give yourself a big, fat raise. **And who doesn't want to be** paid more for doing what they love?

Trading dollars for hours is a trap that keeps you stuck with a limited number of people you can help and a cap on the money you can make. So let's see where you're at now.

Fill in your revenue goal and your hourly pay (which may be your session rate) in the space below. Then divide your revenue goal by your hourly pay to see how many session hours you must work to reach this goal. Write that number in the calculator.

Revenue Goal

\$

Hourly Pay

\$



Day 1 Give Yourself a Raise

Now imagine yourself in six months and you just enrolled 10 clients in your 4-week course. Each client paid \$497 and it takes you 4 hours per week to run the course. You earned \$4,970 for 16 hours of work. Your hourly pay is now \$311. This graphic shows your hourly pay for 5, 10, 20, 50, and 100 clients. Can you say WOW?





During today's live training, I'll explain all the math so we can celebrate the raise you will give yourself.

Join me on Facebook Live at 10:00 am Pacific / 1:00 pm Eastern

Imagine hitting your revenue goals with your course. How would your life transform? **Write down one word that captures how you'd feel.** This word is more than just a feeling; it's the future you're building towards. Let it inspire and guide you on this journey.

Check out these Raises!

Lisa had an eye opener!



Lisa Tyhulski Ok so this was super eye opening!! At my current rate of pay it would take 2000 hours to make my goal, ugh. OMG! I need to start taking this more seriously. I think I need a HUGH raise. So I'm giving myself a 50,000 dollar raise.

Love · Reply · 1w



Dorian felt the pain!



Dorian Johnson Good LORD, I'd need to work 2500 hours to hit my revenue goal at my current rate... which then translates to 104 days...

OOF, felt that pain

Wow · Reply · 1w · Edited



Tara will FINALLY live the life she's been called to!



Tara Litz Birely My goal for 2020 is to replace my income at my full time job so I can QUIT and finally start living the life I've been called to!

Love · Reply · 1w



WOW! Moniqua is giving herself a \$1,274 hourly raise!



Moniqua Plante I'm giving myself a \$1274 hourly raise for my next on-line course!

Love · Reply · 1w



Dawn will work 67 hours instead of 500!



Dawn Aulisio Yearly goal is \$25k. When I get 20 people enrolled in my 4 week course that I offer for \$297 I will only have to work 67 hours a year instead of 500!

Love · Reply · 1w



Paul will make \$200 more per hour!



Paul Sawh I'm giving myself a raise of \$200 per hour. I do a 4 week course for \$400 per person. Minimum 10 people join it and I do 16 hours of work which is \$250 an hour. So \$200 more per hour than I'm making now!

Love · Reply · 1w



Ashleigh gave herself a \$500 raise!



Ashleigh Jarvis # I'm going to give myself a \$500 raise per hour!

Love · Reply · 1w



Amanda will quit her J-O-B!



Amanda Pope I am giving myself a raise so I can QUIT my full-time job that does not fulfill my passion!!

Love · Reply · 1w



Day 1 Notes and Doodles