

Day 5



Grant Yourself
Permission

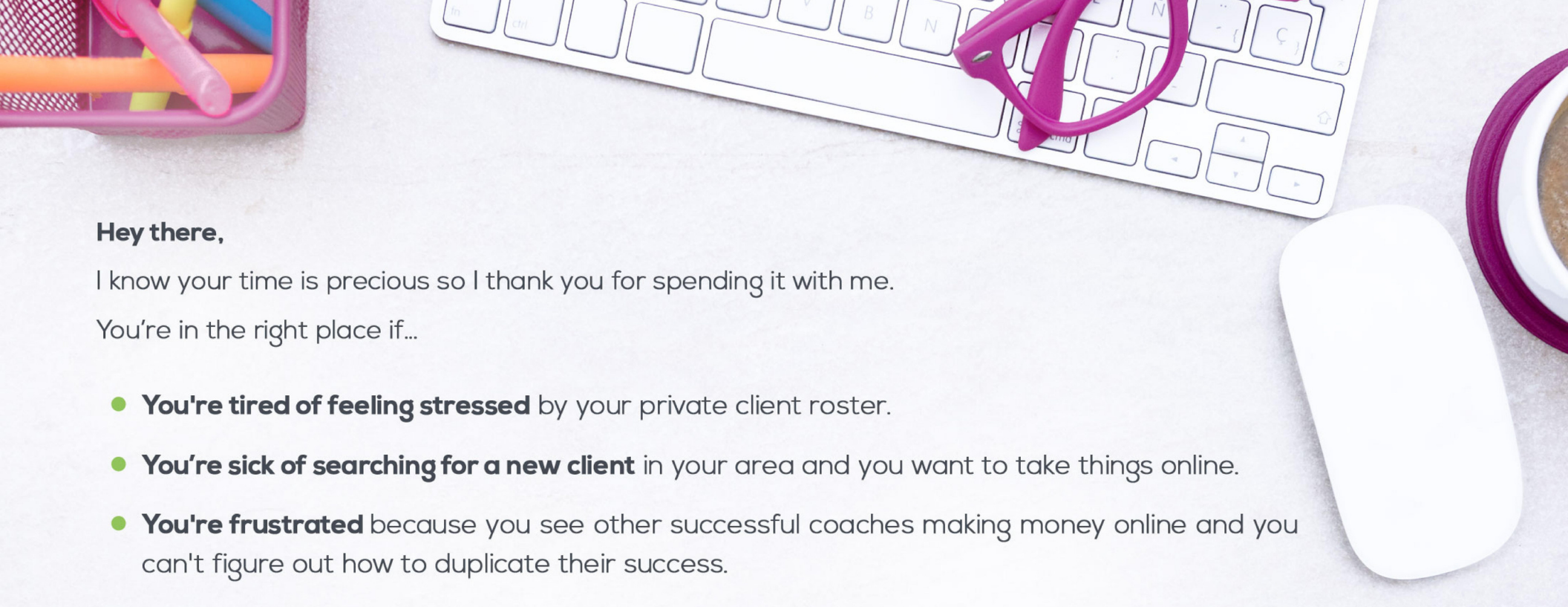
LAUNCH YOUR COURSE MASTERCLASS

4 Easy Steps
To Launch Your Course
Even If You Don't
Feel Ready

By Christie Miller



Masterclass *Action Guide*



Hey there,

I know your time is precious so I thank you for spending it with me.

You're in the right place if...

- **You're tired of feeling stressed** by your private client roster.
- **You're sick of searching for a new client** in your area and you want to take things online.
- **You're frustrated** because you see other successful coaches making money online and you can't figure out how to duplicate their success.
- **You want to create a workshop, mini-course or signature course** so you can get off the private client hamster wheel and have a bigger impact.

It's my intention to give you plenty of clear action steps to avoid the most common mistakes health coaches make when it comes to course creation. That way, you'll have the clarity and confidence to get that course of yours created and out in the world.

Let's dive in,

Christie



Live Attendee Bonus

You'll receive the **60-Day Course Launch Calendar** at the end of class today.



STEP #1

Grant Yourself *Permission*

Embrace _____ to _____.



Tech is easy when I:

1 _____ that anything I _____ can be _____ with _____.

2 _____ that all _____ are designed to _____ me.

3 _____ for _____ it, so that I can get _____.

4 _____ about _____ I _____ that I _____.

5 _____ that as _____ of my _____ and open _____.

STEP #2

Grant Yourself *Permission*

_____ leads to _____ .



I will focus on community and...

1 _____ hard to _____ easy.

2 _____ a closed _____ to _____ with _____ .

3 _____ pending _____ to _____ email _____ .

4 _____ email _____ to _____ to email _____ .



STEP #3

Grant Yourself *Permission*

Take _____ and ask _____ .



My business currently suffers in the following ways:

1

2

3



I will _____ by _____ .

STEP #4

Grant Yourself *Permission*

Finally _____ that _____ than perfect.



Embracing my imperfections will:

1

2

3



I will make it happen by:

1

_____ my _____ on _____ notes.

2

_____ a _____ to _____ course _____.

3

Pre-Sell and _____ before _____.

Launch Your Course

Celebrate how far you've come to fuel where you want to go

I WILL LAUNCH _____ ON _____

Course Name

Date

**I NEED TO GIVE UP THESE
LIMITING BELIEFS
TO MAKE IT HAPPEN:**

**I WILL BUILD UPON
THESE STRENGTHS
TO MAKE IT HAPPEN:**

