



Welcome to Becoming Unstoppable!

Let's get something straight from the beginning: You didn't land here by luck.

You're here because something inside you knows ... it's time.

- ✓ Time to stop settling.
- ✓ Time to stop hiding behind old stories.
- ✓ Time to remember who the hell you are... and who you're meant to become.

I need you to know this: I don't teach theory. I teach truth. And here's mine:

In June 2022, doctors told me HER2+ Breast Cancer would kill me by June 2023.

They handed me a death sentence. But I refused to accept it. Because something deep inside whispered louder than fear: "This isn't how your story ends."

So I made a choice. I chose to believe in possibility. I chose to fight for joy. I chose to live.

Not just survive. Live. Fully. Fiercely. Freely.

And here I am ... living my best life, more fulfilled than I've ever been.

Mindset changed the game. It saved my life.

And now, I want it to transform yours.

But let's be real. This workshop won't change your life. YOU will.

If you're willing to show up and do the work.

Because the truth? Most people won't.

Someone in our last round glanced at this guide and said,

"It's too much.
I thought I could just watch a video."

This isn't Netflix. This is a call to rise.

If you're here to spectate, this isn't for you.

But if you're here to shatter your limits, take the wheel, and create a life so good it feels like *magic*...





MAKE THIS COUNT - START HERE

Set Your Intentions

This is your chance to break free from old patterns and build a future where you are truly unstoppable. **How will you show up?** Decide now with full commitment, energy, and an open mind.

Mark Your Calendar

Most people sign up for free workshops and never show up. **Don't be most people.** Protect this time. Join us live or block time to watch the replays.



Discover Your Mindset

Knowing where you stand on the Mindset Pathway helps you understand why you do what you do and what's getting in your way. This insight will help you push through resistance during the training. Take the "What's Your Current Mindset Persona?" quiz now.



Complete the Pre-Work

You're not here to coast. You're here to shift. The Pre-Work is where the shift begins.



This is your moment. No more waiting. No more wishing.

No more playing small.

Lace up. Lean in.

And give yourself permission to become the version of you who refuses to settle for less than everything you came here for.

You're not broken. You're becoming.

And I'm right here with you, every step of the way. Let's do this.

Let's become unstoppable,





PRE-WORK

WHO ARE YOU NOW?

"The moment in between what you once were, and who you are now becoming, is where the dance of life really takes place."

BARBARA DE ANGELIS



QUICK REFLECTION BEFORE WE BEGIN

This **Becoming Unstoppable** workshop is about change. But change can't happen unless we're honest about where we're starting. Take a few minutes to check in with yourself. No pressure. Just truth.

Why did you say yes to Becoming Unstoppable? What are you hoping will feel different by the end?
What's something you know you've been avoiding, but also know would change everything if you faced it?

What does a life that feels good right now (not someday) look like to you? Be as specific as possible.
What's one shift you're willing to make during this workshop to move in that direction?

YOUR QUIZ RESULTS

Circle the result you received from the "What's Your Current Mindset Persona?" quiz:









After you review your personal mindset report, reflect on what this current position means to you. In the space below, describe how you feel about your current mindset persona and the ways it influences your behaviors and decisions.

PICK YOUR FOCUS AREA

Think of life as a game where there's no final finish line, just the journey of becoming a better you every day.

In this game, there aren't any failures, only powerful lessons that help you grow and learn.

You signed up for "Becoming Unstoppable" because somewhere, in some part of your life you feel stuck, like you hit a wall, or feel like something's missing.

Take a moment to choose one of these key areas of your life:



Circle the one area that you feel needs the most attention during our time together.

Remember, this is about **listening to your gut and trusting yourself to know** what needs the most attention right now.

The area you choose will act as the first domino, influencing and improving other aspects of your life as you grow.

Once you've chosen your area, flip the page to clarify not only where you are now but also where you want to be, and importantly, how you're going to get there.

The area I will focus on first is					
On a scale of 1-10 (10 being the most satisfied):					
My current score is	:	My desired score is:			
Taking 100% responsibility, what actions (or inactions) have you taken to create the curren situation?					
What beliefs do you need to develop, and what actions do you need to take to reach your desired score?					



ON COMPLETING THE PRE-WORK AND SETTING YOURSELF UP TO GET THE MOST OUT OF BECOMING UNSTOPPABLE.

Now that your pre-work is done, you're ready to dive into the good stuff ... the transformation.

Here's what to expect during the three live sessions:



Session 1 - What Do You Want?

Get crystal clear on what you truly want, not what you've been settling for. You'll give yourself permission to dream bigger, reconnect to the vision in your heart, and step into an identity of the person who already has it.



Session 2 - What Do You Think?

Discover the beliefs and stories quietly shaping your life and how to shift them. You'll get honest about the lies your mind has been feeding you and learn how to rewrite the narrative that's been keeping you stuck.



Session 3 - What Do You Need?

Learn how to meet your needs without guilt, numbing, or burnout. You'll uncover what you've been tolerating, where you need support, and what it takes to feel truly unstoppable, inside and out.

If you haven't declared yourself a VIP, then click below to do it now!



